

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Melksham Leg Club
Organisation	Bradford on Avon and Melksham Health Partnership
Address	Station Approach, Bradford on Avon, BA15 1DQ
Phone number	07792783916
Email address	amanda.brookes@nhs.net

2. Amount of funding required from the Area Board:

£0 - £1000	
£1001 - £5000	£2000
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	x

4. If yes, please state why this project cannot be funded from the Parish Precept?

5. Project title?

6. Project summary: (100 words maximum)

Melksham GP Practices wish to set up a social model for leg ulcers and other wounds/conditions. Leg ulceration has been referred to as 'the hidden epidemic'. This phrase has a double meaning as many patients with this disease are virtually hidden away, isolated, depressed and attempting unsuccessfully to self-care.

We wish to hold the Club on a Thursday at the Spencers Sports and Social Club, this requires specialist equipment which is different to that currently in the GP surgeries and we are requesting capital monies to fund this.

7. Which Area Board are you applying to?

8. What is the Post Code of the place where your project is taking place?

SN12 8AG

9. Please tell us which themes best describe your project:

<input checked="" type="checkbox"/> Intergenerational projects	<input type="checkbox"/> Heritage, history and architecture
<input checked="" type="checkbox"/> Older People Support/Activities	<input type="checkbox"/> Inclusion, diversity and community spirit
<input checked="" type="checkbox"/> Carers Support/Activities	<input type="checkbox"/> Environment, recycling and green initiatives
<input checked="" type="checkbox"/> Promoting physical and mental wellbeing	<input type="checkbox"/> Sport, play and recreation
<input checked="" type="checkbox"/> Combating social isolation	<input type="checkbox"/> Transport
<input type="checkbox"/> Promoting cohesive/resilient communities	<input type="checkbox"/> Technology & Digital literacy
<input type="checkbox"/> Arts, crafts and culture	<input type="checkbox"/> Other
<input type="checkbox"/> Safer communities	

If Other (please specify)

10. About your project

Please tell us about your project (a strong application will address all of the following):

How does your project support local needs and priorities?

The Leg Club model moves away from service delivery in a busy GP Practice into a non medical setting. Evidence from other Clubs shows that people with leg ulcers and other wounds benefit from being treated collectively and in an environment where their social and mental wellbeing needs can be met. The Leg Club model brings together other services to wrap around patients, so that we can offer a one-stop location for treatment, social interaction, self care support and empowerment of the individual to self care. As patients become members of the Leg Club they are able to access the additional services on offer even when their legs are healed.

This model builds on the success of the Bradford on Avon Leg Club, which has been operating since 2014 and now has over 600 members. The Club has won national awards and evidence of faster healing rates

How many older people/carers do you expect to benefit from your project?

Patients will be encouraged to seek support from the Club. Leg Ulcers are not only the problem for older people although the prevalence is higher in the over 65s group. Any patient with other conditions such as renal problem previous drug dependencies and other conditions can experience a leg ulcer.

Over time, we anticipate that we will be treating around 50 patients a week with leg ulcers and other lower limb this could result in a membership of 400 in the first year.

In addition to those requiring treatment, the Carers can attend the Club for support and refreshments and as with the BoA Club we intend to open up the social side to other patient groups such as Dementia, Stroke, Falls and other problems which are life limiting.

How will you encourage volunteering and community involvement?

Community involvement is key to the success for the Club. We need a strong team of volunteers to provide befriending services, refreshments, attend the short walks programme and other duties.

We find that once patients/members are healed, they want to volunteer for the leg club, either by attending wee or by taking part in fundraising activities. The Club is owned by the members and it is important that the Club is able to develop according to the needs of the Community.

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

The Club has no costs for patients/members. The refreshments and services are provided free. The Spencers Club has excellent parking, disabled access and toilets. Every person who drop in to the Club are made to feel welcomed and staff spend as much time as needed to support people who are vulnerable, living with a disability or socially isolated.

We plan to involve the Older Peoples Team (TCOP) so we can pick up any patients or their carers who may be struggling. We will offer sign-posting information to other services. As we will have access to all patients medical records, we can also deal with any medical issues or refer to the doctors as we need to.

How will you work with other community partners?

The Project Lead, Amanda Brookes is already working in the Melksham Community, through the Health & Wellbeing other community partners. She is also the Locality Lead for Bradford on Avon and is keen to offer a standardised service across the Towns.

Amanda will be involved in other community works, such as the Dementia Friendly Town, Safe Places and will have links through the Integrated Teams, such as Adult Social Care, Carers UK, Mental Health and ofcourse the GP and Clinical Teams of the Practices.

11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

All clinical staff working at the Leg Club will be from the GP Surgeries, who have very robust safeguarding experience. All Surgeries have a CQC rating of Outstanding or Good and have mandatory training in safeguarding.

Any volunteer joining the Club has a standard induction, which includes safeguarding, infection control and health and safety training.

Treatment is collective and there is no 1-1 private service delivery.

The Clinical Lead will be responsible for safeguarding and will liaise with the GPs on any safeguarding issues or

12. Monitoring your project.

How will you know if your project has been successful? *required field

The Leg Club Foundation requires the service to provide weekly information on numbers attending the Club, type of wound, number of visits and healing/recurrence rates.

The GP Practice clinical system will record a range of additional information regarding the assessment details, dressings, any problems and referrals to other services.

Regular monthly reports will be available to the Leg Club Committee and Doctors.

There will be quarterly committee meetings and a yearly annual general meeting as well as frequent new settlers to members. Progress on the Club will be shared with the Health and Wellbeing Board.

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

The initial set up is required to buy equipment. Ongoing needs of the Club are funded through donations and fundraising. The clinical aspects are delivered through the GP contracts with the Clinical Commissioning Group.

14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost

N/A

15. Finance:

15a. Your Organisation's Finance:

Your latest accounts:

Month Year

Total Income:

£

Total Expenditure:

£

Surplus/Deficit for the year:

£

Free reserves currently held:

(money not committed to other projects/operating costs)

£

Why can't you fund this project from your reserves:

We are a small community group and do not have annual accounts or it is our first year:

15b. Project Finance:

Total Project cost £ 13,000

Total required from Area Board £ 2,000

Expenditure £13,000 Income 7,000 £11,000 Tick if income confirmed

NB. If your organisation
reclaims VAT you should
exclude VAT from the
expenditure
(Planned project costs [help](#))
(Planned Income [help](#))

Equipment	5,000	Rotary	1,000	<input checked="" type="checkbox"/>
Social Club	1,000			<input type="checkbox"/>
Accommodation	7,000			<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
Total	13,000	Total	1,000	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

- Yes
- No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:

- I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:

- For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:

- I will make available on request the organisation's **latest accounts**

Constitution:

- I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:

- I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):

- I will make available on request evidence of ownership of buildings/land
- I will make available on request the relevant planning permission for the project.
- I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...

- I confirm that the information on this form is correct, any award received will be spent on the activities specified.